

Martha Cox

Stakeholder engagement and communities expert

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Profile

A skilled stakeholder engagement expert with a wealth of experience from working in the public, private and third sectors using a wide variety of engagement techniques. An effective and skilled manager and trainer. Proven organisational and analytical ability with excellent communication, training and motivational skills. Experienced in strategic and project planning and co-ordination, evaluation of outputs and outcomes, report writing, monitoring and compliance. Skilled in staff and volunteer management and in working with a wide variety of user groups. Six years experience of training to be a Psychotherapist.

Experience

Stakeholder Engagement and Communities Consultant

May 2019 - present

Engagement Lead - Virgin Care / Sirona Care and Health / Bath and North East Somerset (BANES) Primary Care Trust

April 2009 - March 2019

Transferred over from Sirona Care and Health and before that from BANES Primary Care Trust.

Managed all aspects of user engagement and feedback for the Virgin Care contract in BANES, including setting up of the user consultation Citizens' Panel, the Friends and Family Test, engagement for the Virgin Care transformation programme, strategic planning, monitoring and reporting on compliance with the engagement sections of the contract and representing Virgin Care at engagement events. Management of Patient Advice and Liaison Service, communications, engagement and administration staff. Joint collaborative working with local groups and stakeholders.

Community Link Co-ordinator - Bath and North East Somerset Council

March 2004 - April 2009

Managed a number of community development projects across Bath. Gave support on governance and other issues to voluntary sector groups. Chair of a number of partnership groups, eg, South Bath Community Development Group. Worked as part of Bath Communities Partnership supporting groups to access funding from the programme. Also managed the Rural, Social and Community Programme assessing funding applications and supporting applicants

Maternity Leave

November 2002 - March 2004

Freelance Trainer and Consultant

May 2002 - November 2002

Worked with a number of community groups in Bath.

Support Worker - Richmond Fellowship

January 2002 - May 2002, Bristol

Placement as part of psychotherapy training. Managed a caseload of tenants with mental health issues.

Development Officer - London Road Partnership

October 1998 - November 2001, Bath

Managed aspects of the running of the community organisation. Serviced the Management Board. Set up and managed the community office. Liaised with partners to lever resources and funding into the area. Responsible for strategy, business planning, budgets, funding applications and publicity. Managed volunteers and project staff. Lead management role on the Healthy Living Centre project, London Road Carnival 2000 and other community regeneration projects.

Private Psychotherapy Practice

September 1997 - September 2002 Bath

Training Officer - BIZ Training

1996-1998, Bath

Helped set up, develop and run the new young person's drop-in advice and training centre. Ran life-skills training programmes and managed individual casework. Wrote and ran life-skills training course at the Drugs and Homeless Initiative. Co-ordinated the Employment Service's New Deal training element at BIZ.

Employment and Training Worker - Bath Foyer

October 1994-1996

Helped set up the new training and accommodation project for young homeless people. In charge of personal development planning for young people. Individual casework and initial assessments. Ran training sessions. Liaison with other agencies. Publicity.

Relief Worker - Royal National Institute for the Deaf / Bath Women's Refuge / Bristol Churches Housing Association

February - October 1994, Bath

Caring for residents with deafness and disabilities and the children of women who had experienced domestic violence.

Project Co-ordinator - Society for Voluntary Associates (SOVA)

February 1993 - January 1994

Trained and supported volunteers to work with offenders, ex-offenders and their families through Kent Probation Service. Trained Probation Officers to use volunteers. Responsible for compliance with policies and procedures. Managed administrative staff.

Self-Employed - living in Spain and improving my language skills,

teaching English, interpreting and writing articles for a local magazine
July 1992 - January 1993

Vice-President Welfare - University of Sussex Students Union

Developed and ran the Welfare Department. Managed a caseload on benefits and housing issues. Liaison between students and University administration. Campaigned on social issues. Managed budget and staff. Organised children's playschemes and student volunteer projects.

Education

Professional Development

1990 - Present

Professional development training in: MindCoach; personal development planning; addiction counselling; aids awareness; housing issues; staff supervision; managing volunteers; management skills; fundraising; budgets and financial planning; training issues; time management; assertiveness; mental health policy, legislation and benefits; advocacy skills for young people; equalities; appraisal for funding applications; writing press releases; designing posters; writing newsletters; managing small groups.

Training to be a Psychotherapist

 - Bath Centre for Psychotherapy and Counselling

September 1996 - September 2002,

BA (Hons) Social Psychology

 - University of Sussex

1988 - 1992, Brighton

Birkenhead High School for Girls, Birkenhead, Merseyside

1987 A levels in English, History, Geography and General Studies

1985 9 O levels

Interests

Photography, music, literature, politics, walking and playing cricket.

Volunteering

Trustee of Relate, Avon

2019 - present

South West Maternity Clinical Network - lay member

2015 - 2016

References available on request